

Participant Information Sheet

Title Redesigning apartment policy standards for health and wellbeing

Principal Investigator Associate Professor Sarah Foster

What does my participation involve?

1. Introduction

We'd like to learn about whether the design of your apartment and local neighbourhood influenced whether you stayed in your apartment or moved to a different dwelling. To do this, we'd like you to complete a simple 10-minute survey on whether you are still living in the same apartment or moved, changes in your life since you completed the original survey, and (if you moved) your reasons for moving. We contacted you because you completed the High Life survey several years ago and agreed to be contacted about future research on apartment design and health and wellbeing.

This Participant Information Sheet tells you about the research project and the processes involved with taking part. Knowing what is involved will help you decide if you want to participate in the research. Please read this information carefully. Ask questions about anything that you don't understand or want to know more about. Participation in this research is voluntary.

If you decide you want to take part in the research project, please continue to the survey after reading this Participant Information Sheet. By completing the survey you are telling us that you:

- Understand what you have read
- Consent to take part in the research project

2. What is the purpose of this research?

The purpose of the research is to explore the factors that influenced whether you have stayed in your apartment or moved to another dwelling. The study is funded by the Australian Research Council (FT210100899). It is led by Associate Professor Sarah Foster (RMIT).

3. What does participation in this research involve?

The survey will take about 10 minutes to complete. To make the survey a success, we need you to answer as many questions as you can. There are no right or wrong answers. We just want your opinion.

To thank you for completing the survey, you can go in a prize draw to win one of 10 x \$100 Coles Group and Myer vouchers. To enter the prize draw, you must be aged 18 years or over. Entries open at 8:00am (AEST) on Wednesday 21st February 2024 and close at 7:00pm (AEST) on Wednesday 3rd April 2024. Ten winners will be randomly chosen. Winners will be notified by email within 3 days of the draw. Prize draw terms and conditions can be viewed in full on our website <https://cur.org.au/project/high-life-study/>

Do I have to take part in this research project?

Participation in the project is voluntary. Submitting your survey is an indication of your consent to participate in the study. You can withdraw any time before you submit your answers. Once you have submitted the survey, your responses cannot be withdrawn because they are non-identifiable and we will not be able to tell which one is yours.

4. What are the possible benefits of taking part?

We cannot promise that you will receive any personal benefit from this research; however, you may appreciate contributing to knowledge. Possible future benefits to the community may include the design of apartments that make them appealing and healthy places to live.

5. What are the risks and disadvantages of taking part?

We do not anticipate any problems arising from participation in this study. If any question makes you uncomfortable, you may skip it and move to the next one. No personal information will be collected in the survey. Data will be collected using Qualtrics. Once data collection is complete, data will be held on a secure RMIT server where it will be stored securely for seven years. The data on the host server will then be deleted.

6. What happens when the research project ends?

We will make the study findings available through media articles and seminars, and via the RMIT Centre for Urban Research website. You can also register for our e-newsletter at cur.org.au/project/high-life-study or email the study co-ordinator if you would like to be sent any publications that use the project data.

How is the research project being conducted?

7. What will happen to information about me?

By answering the survey, you will be giving us consent to use this information. All answers will be confidential. We do not need your name or any identifying details. Survey results will be reported as a group summary and will not identify you in any way. The data will be kept in a de-identified format at RMIT University. It will only be accessible to the study investigators and project staff.

8. Who has reviewed the research project?

This research project has been approved by the RMIT University HREC. This project will be carried out according to the *National Statement on Ethical Conduct in Human Research* (2007). This statement has been developed to protect the interests of people who agree to participate in human research studies.

9. Further information and who to contact

If you want any further information concerning this project, you can contact the Study Co-ordinator Alexandra Kleeman on (03) 9925 3092 or any of the following people:

Research contact person

Name	Associate Professor Sarah Foster
Position	Principal investigator
Telephone	(03) 9925 1525
Email	sarah.foster@rmit.edu.au

10. Complaints

Should you have any concerns or questions about this research project, which you do not wish to discuss with the researchers listed in this document, then you may contact:

Reviewing HREC name	RMIT University
HREC Secretary	Anita Arndt
Telephone	03 9925 2138
Email	humanethics@rmit.edu.au
Mailing address	Manager, Research Ethics, Integrity and Governance RMIT University GPO Box 2476 MELBOURNE VIC 3001

Acknowledgement by Participant – by continuing on to the survey:

- I have read and understood the Participant Information Sheet.
- I understand the purposes, procedures and risks of the research described in the project.
- I have had an opportunity to ask questions and I am satisfied with the answers I have received.
- I freely agree to participate in this research project as described and understand that I am free to withdraw at any time during the project without affecting my relationship with RMIT.
- I understand that I can print or download a copy of this document to keep.